

Seventeenth Annual Community Mental Health Conference

Sunday, June 3, 2018 • 9:00 a.m. to 4:00 p.m.

Older Adult Mental Health: Opportunities & Challenges

PANEL OF SPEAKERS:

Jeffrey Rediger, MD, Masters in Divinity – Harvard Medical School

Stanley G. McCracken, Ph.D., LCSW, RDDP – University of Chicago, School of Social Service Administration

Nancy Carstedt – National Alliance on Mental Illness

You can choose 2 discussion groups from nearly 20 options, including:

- Managing Anxiety and Depression
- How to Thrive as a Caregiver
- Spirituality and Aging
- Becoming a Super Ager
- Aging with Dignity: Self-Care Across the Life Span
- Aging in the LGBTQ+ Community
- Improving the Well-Being of Veterans
- Medications & Substance Use
- Coping with Loss... Embracing Change
- The Impact of Aging on Family Dynamics

Roycemore School • 1200 Davis Street, Evanston, 60201
For more information, call: **312-467-2552**

Register online at <https://nrciconference2018.Eventbrite.com>